ICHTHUS

12TH SUNDAY IN **ORDINARY TIME**

Year A

ΙΧΘΥΣ

Take a moment to be still and thank Jesus for being here with you.



ENTRANCE ANTIPHON

The Lord is the strength of his people, a saving refuge for the one he has anointed. Save your people, Lord, and bless your heritage, and govern them for ever.

We say these words or sing a hymn as the priest approaches the altar.

COLLECT

Grant, O Lord,

that we may always revere and love your holy name, for you never deprive of your guidance those you set firm on the foundation of your love...

We ask for God's help. Listen now to the priest as he offers this prayer.



FIRST READING JEREMIAH 20:10-13

Jeremiah has a really hard time. Even his friends have turned against him and are making his life miserable. But Jeremiah has faith in God. He knows God is with him and that nothing

else matters. God is fair and God will not let the wicked people win in the end. Jeremiah praises and thanks God. Nothing can take away his trust in God. God is on his side and will not let him down.

LOOK at the reader and LISTEN.

God will save those who are in need.

The cantor or psalmist sings or says the psalm. Listen to the verses, and then respond by using these words.

RESPONSORIAL PSALM PSALM 68

In your great love, answer me, O God.



SECOND READING ROMANS 5:12-15

God made a perfect world, but human beings made a mess of it. Human beings turned away from God and as a result brought suffering and evil into the world. Paul writes that it is through Jesus that all this mess has

been put right. God became human in the person of Jesus, and his death and resurrection has overcome all evil and suffering. Jesus' love outweighs any wrongdoing. Jesus has given everyone the hope of life with God.

LOOK at the reader and LISTEN.

Jesus' love has put right our relationship with God the Father.



We give a shout of praise to God, using these words taken from the Bible.



DO YOU KNOW?

Wednesday 24 June is the feast of The Nativitu of St John the Baptist. John was Jesus' cousin. He leapt in his mother Elizabeth's womb when Mary visited her while pregnant with Jesus. When he grew up, John helped everyone to get readu to meet Jesus. On his feast day we think about how we will welcome Jesus into our lives.



Jesus tells us not to be afraid, but many people do feel afraid and anxious. It is always good to tell someone you trust if anything is worrying you. Whatever happens, we can be confident that God loves us very much and is always with us, standing by our side.

GOSPEL ACCLAMATION

Alleluia, alleluia! The Word was made flesh and lived among us; to all who did accept him he gave power to become children of God. Alleluia!



GOSPEL MATTHEW 10:26-33

The Good News about Jesus is told to us by St Matthew.

God loves each one of us so very much. We have no need to ever be afraid. Nothing can ever take us away from God's love. Sparrows could be bought very cheaply in Jesus' time and were thought to be unimportant. But Jesus tells his friends that God

the Father keeps an eye on each one – and we are so much more important than sparrows! God knows us so well and loves us so much that God even knows how many hairs we have. In the end it is God's love that will win out over anything that is wrong.

STAND to LISTEN

to the priest or deacon as he prepares to read the Gospel. What does the priest or deacon do to the book when he has finished reading the Gospel?

Listen to the reader as he or she encourages us to pray for situations and people in need. This is a prayer you could say privately.



Dear Lord, please help anyone who is facing a difficult time in their lives. Help them to have courage and hope and to find the support they need. Lord, hear my prayer.



OFFERTORY PROCESSION <

As we take our gifts of bread, wine and money to the altar, think of a time when you felt anxious or worried this week and then think of a time when you were happy and full of hope. Say a little prayer offering these thoughts up to God.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.



THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?



We listen to the prayer of praise and thanks to God.



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

COMMUNION ANTIPHON

I am the Good Shepherd, and I lay down my life for my sheep, says the Lord. you sing sor ver esp



MY PRAYER AFTER COMMUNION

Thank you, Jesus, for giving me yourself in Holy Communion. Stand with me this week as I try to do what is right. Amen.

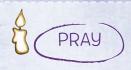
You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



We take Jesus with us to carry on the work that he did on earth, until we meet again next Sunday.

Go in peace.





"Do not be afraid."

Sit somewhere quietly with Jesus. Talk to Jesus about anything that is on your mind. Hear Jesus saying these words from the Gospel directly to you.





If you start feeling anxious try taking three deep, slow breaths, breathing in for a count of three and out for three.



is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

I (Jesus)

X (Christos)

⊕ (Theou/God's)

Y (Uios/Son)

 Σ (Soter/Saviour)



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