## Q U NOTES



"It takes the same amount of Energy to Worry as it does to Pray. One leads to peace, and the other leads to Panic."

David Jeremiah "Facing Coronavirus"

The greatest of all poverty is to believe that you have nothing to give and no way to receive the gifts of others.

Richard Carter



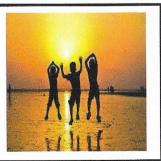
"There will always be rocks in the road ahead of us. They will be stumbling blocks or stepping stones. It all depends on how you use them".

Friedrich Nietzsche

For too often, we have limited the definition of the Church. While not in all cases, in many cases, 'Church' has become an informational, inspirational weekly gathering rather than the group of people that God has ordained from Heaven to operate on his behalf on Earth in order to bring Heaven's viewpoint into history.

Tony Evans

Better to illuminate than merely to shine. *Thomas Aquinas* 



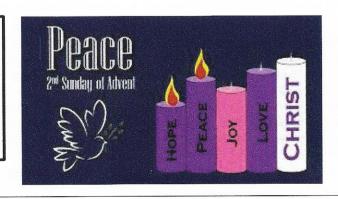
Don't worry about
HARD TIMES
because some of the
most beautiful things
we have in life come from
CHANGES
Or

MISTAKES.



Bharath Badela

Not all storms come to disrupt your life; Some come to clear your path. Anon.







Carefully watch your thoughts, for they become your words. Manage and watch your words, for they will become your actions. Consider and judge your actions, for they have become your habits. Acknowledge and watch your habits, for they shall become your values. Understand and embrace your values, for they become your destiny.

Mahatma Gandhi



We are here not to guard a museum, but to cultivate a flourishing garden of life.

John XX111



"Wherever you go, go with all your heart."

Confucius

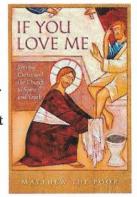


"Silence in the face of evil is evil itself:



God will not hold us guiltless. Not to speak is to speak. Not to act is to act." Dietrich Bonhoeffer

The Church is the church only when it exists for others --- not dominating but helping and serving. It must tell men of every calling what it means to live for Christ, to exist for others.



The greatest good you can do for another is not just share your riches, but reveal to him his own.

Benjamin Disraeli

Nothing in life is to be feared; it is only to be understood. Now is the time to understand more, so that we may fear less.

Marie Curie

Dietrich Bonhoeffer

"Becoming like Jesus is as much about having a relaxed and joyful heart as it is about believing and doing the right thing, as much about proper energy as about proper truth.

Ronald Rolheiser

It is the beautiful task of Advent to awaken in all of us memories of goodness and thus to open doors of hope.

Pope Benedict XVI

